

RECIPE TO HELP BRING IN MILK ON A NURSING BITCH

This recipe is supposed to really bring in milk on nursing moms. It is full of protein and nourishment, and will NOT cause diarrhea. This recipe is from Terri Shumsky, breeder.

One package Vanilla Pudding (the cooked kind, not the instant kind)

1/2 cup sugar

4 cups milk

4 egg yolks

Mix all ingredients in a saucepan and cook on low heat to a pudding consistency.

Feed at least 20CC twice a day right from the bowl or by syringe if necessary. Most love it and will eat it readily.

If you don't have a package of vanilla pudding on hand you can mix the following in a saucepan and cook to pudding consistency:

2/3 cup sugar

6 tbsps cornstarch

1/2 tsp salt

4 cups milk (or 1 can evaporated milk plus equal parts water to make quart)

4 egg yolks

3 tsp vanilla.

Feed with syringe, on spoon, or let eat from bowl.